

## The Six Thinking Hats Exercise



The **Blue Hat** controls the process, runs the discussion, facilitator. Which hat to put on when.



The **White Hat** is just the facts. No emotion, no good or bad, just facts.



The **Yellow Hat** is all the good about the situation or issue. Remember, no emotion.



The **Black Hat** is all the bad about the situation or issue. Sees what is wrong, without emotion.



The **Red Hat** is the emotion! Intuitive, How do you FEEL about the situation or issue?



The **Green Hat** is the creative solutions. Now that we've thought about the facts, good, bad, and all the emotion behind the situation or issue, we can now come up with creative solutions. Think big and out of the box!